



If you are unsure about which appointment type you need, please get in touch by phone or email us at [info@thepodiatrycentre.co.uk](mailto:info@thepodiatrycentre.co.uk) before booking.

We are always happy to help answer any queries you may have.

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## **Podiatry**

### **New Patient Podiatry – £60**

A comprehensive consultation and treatment for your routine podiatry needs.

This may include: hard-skin, corns, callouses and nails (trimming, fungal nails and in-grown).

This appointment also covers verruca consultations.

### **Routine Podiatry – £55**

For existing patients only. A comprehensive treatment for your routine podiatry needs.

This may include: hard-skin, corns, callouses and nails (trimming, fungal nails and in-grown).

This appointment also covers verruca consultations.

### **Nail Cut – £40**

Ongoing care of nails. For existing patients only.

## **Verruca Treatments**

To find out more about our verruca and wart treatments and how they work, please [click here](#).

### **Swift® Microwave Therapy**

1 session – £150

3 sessions + follow-up - £450

### **Needling**

1st session – £250

Additional sessions are needed – £200

## [Cryotherapy](#)

£80 per session

£90 per session for over 5 verrucae

## **Nail Surgery**

This is a minor surgical procedure to remove all or part of the nail. It includes local anesthetic, dressings and a redressing appointment.

Single Toe – £450

Two Toes – £570

## **MSK, Biomechanical & Orthoses**

### **Biomechanical Assessment and Custom Foot Orthotics Package – £590**

This comprehensive appointment combines a full biomechanical assessment with bespoke custom foot orthotics, all completed in a single visit. The package also includes six months of follow-up appointments to support your ongoing care.

The assessment involves a detailed evaluation of your feet and related structures to identify the cause of pain or injury. This may include clinical measurements and observations, real-time gait analysis, video gait analysis, and other diagnostic tests, allowing us to create an effective and personalised treatment plan.

If required, custom foot orthotics are manufactured in our on-site laboratory while you wait. If orthotics are not needed, the appointment cost reverts to the Biomechanical Assessment fee listed below.

### **Biomechanical Assessment – £125**

If you are unsure whether you need foot orthotics or would like advice on other treatment options, this assessment is the ideal starting point.

The appointment includes a thorough evaluation of your feet and related structures to identify any biomechanical issues contributing to pain or injury. Assessment methods may include clinical measurements, observational analysis, real-time gait analysis, video gait analysis, and other relevant tests, with the aim of establishing a clear diagnosis and treatment plan.

### **Orthotics Only (following a Biomechanical Assessment) – £465**

If you decide to proceed with custom foot orthotics after completing a biomechanical assessment, this option allows you to upgrade to the full Biomechanical Assessment and Custom Foot Orthotics Package.

During this appointment, your orthotics will be prescribed and fitted using an impression of your feet to ensure a precise and comfortable fit.

### **Duplicate Set of Orthoses – £220**

Available for existing patients only. This option provides a second, identical pair of your previously prescribed orthotics.

## **Shockwave Therapy**

Shockwave therapy is available as a standalone treatment or alongside other services.

A package of three sessions is available for £300, with additional sessions priced at £100 each.

For patients who have completed the Biomechanical Assessment and Custom Foot Orthotics Package, a discounted rate of £155 is available for three sessions.

## **Steroid Injection – £300**

Available for existing patients only. The Ultrasound-guided Corticosteroid injection treatment, including local anaesthetic. The main purpose of the injection is to relieve pain. This will often be used in conjunction with other treatments such as orthoses, footwear advice and stretching.

## **Physiotherapy**

### **Initial Appointment – £125**

Your first appointment includes a detailed discussion and physical assessment to understand how your condition is affecting your daily life, followed by tailored guidance, exercises, and referrals as needed.

### **Follow-Up Appointment – £50**

Follow-ups focus on reviewing your progress, refining your treatment plan, and continuing hands-on treatment to support your recovery.

## **Laser Treatments**

For more information on our Laser Treatments, please [click here](#).

### **Fungal Nails**

The initial fungal nail laser appointment includes a consultation to assess your nail condition and suitability for treatment, with laser treatment provided during the same visit. Your next sessions will also be booked in.

**4 sessions – £250 up to 5 nails; £450 up to 10 nails**

**8 sessions – £450 up to 5 nails; £600 up to 10 nails**

### **Laser Carbon Facial – £80**

A 30-minute beauty treatment targeting fine lines, dullness, and tightening pores.

### **Skin Pigmentation Treatment – £80**

A 30-minute beauty treatment targeting hyper-pigmentation such as age spots, sun spots and birthmarks.

### **Tattoo Removal – £50**

A 30-minute session of laser removal. Best suited for small, black-line tattoos.

## **How to Book**

You can call our Cosham clinic which takes bookings for all our clinics on 02392 373737, or Chichester on 01243 773 973. Alternatively you can email us on [info@thepodiatrycentre.co.uk](mailto:info@thepodiatrycentre.co.uk), or [click here](#) to book online.

## **Cancellation and Missed Appointments**

We require a minimum of **24 hours' notice for a change or cancellation** of an appointment so we can offer the appointment to another patient. Less than 24 hours' notice and missed appointments, we reserve the right to charge the appointment fee or a £10 fine.